



NYES Catering – Autumn Term Menu 2024 Appleton Wiske Community Primary School

	WEEK ONE served: w/c 2 Sept, 23 Sept, 14 Oct, 11 Nov, 2 Dec, 6 Jan, 27 Jan	WEEK TWO served: w/c 9 Sept, 30 Sept, 21 Oct, 18 Nov, 9 Dec, 13 Jan, 3 Feb	WEEK THREE served: w/c 16 Sept, 7 Oct, 4 Nov, 25 Nov, 16 Dec, 20 Jan, 10 Feb
M O N D A Y	Sausage Roll Baked Baby Potatoes Baked Beans Crusty Bread Cheese Jacket Potato **** Chocolate Biscuit Bar Fresh Fruit or Yoghurt	Pizza Potato Wedges Peas & Sweetcorn Carrots Egg Mayo Sandwich **** Chocolate Brownie Fresh Fruit or Yoghurt	Chicken Nuggets Diced Potatoes Vegetable Sticks 50/50 Bread Cheese Jacket Potato **** Autumn Fruit Muffin Fresh Fruit or Yoghurt
T U E S D A Y	Chicken Korma 50/50 Rice Cauliflower & Green Beans Naan Bread Tuna Jacket Potato **** Autumn Crumble Sponge & Custard Fresh Fruit or Yoghurt	Curried Chicken Rice Carrots and Broccoli Crusty Bread Cheese Sandwich **** Sticky Toffee Pudding & Custard Fresh Fruit Or Yoghurt	Creamy Cheesy tomato pasta Medley of Vegetables Homebaked Garlic Bread Baked Beans Jacket Potato **** Iced Berry Bun Fresh Fruit or Yoghurt
W E D N E S D A Y	Sausage and Yorkshire pudding Roast Potato Gravy Carrots & Broccoli Sliced wholemeal Bread Baked Beans Jacket Potato **** Jelly & Iced Cream Fresh Fruit or Yoghurt	Minced Beef Pie Mashed Potatoes Gravy Medley of Vegetables Homebaked 50/50 Bread Tuna Sandwich **** Flapjack Fresh fruit or Yoghurt	Roast Gammon Mashed Potatoes Gravy Peas & Sweetcorn Sliced Wholemeal Bread Tuna Jacket Potato **** Lemon Drizzle Cookie Fresh Fruit or Yoghurt
T H U R S D A Y	Spaghetti Bolognaise Medley Vegetables Home Baked Garlic Flatbread Cheese Jacket Potato **** Cheese & Biscuits Fresh fruit or Yoghurt	Pork Meatballs in a Tomato Sauce with Pasta Sweetcorn and green beans Garlic Bread Ham Sandwich **** Jammy Shortbread Fresh fruit and Yoghurt	Nacho Beef Bake Vegetable Rice Carrot and Green Beans Cheese Jacket Potato **** Chocolate fudge Pudding with Vanilla Sauce Fresh fruit or Yoghurt
F R I D A Y	Harry Ramsdens Battered Fish Chips Peas and Sweetcorn Ketchup Homemade 50/50 Bread Baked Bean Jacket Potato **** Banoffee Moose Pot Fresh fruit or Yoghurt	Fish Star (Salmon) with Chips With Ketchup Peas & Carrots Sliced Wholemeal Bread Cheese Sandwich **** Chocolate Orange Mousse cake Fresh fruit and Yoghurt	Fish Fingers Chips and Ketchup Mixed Salad & Grated Carrots Sunflower Seed Bread Baked Bean Jacket Potato **** Oat Cookie & Cheese Fresh fruit or Yoghurt

V = suitable for a vegetarian diet

Very occasionally due to circumstances beyond our control it may be necessary to change the menu. V1