



**Fun & athletics  
for all Primary  
School children\***

\*aged 4-11, ideally not for kids currently  
in a running club

# Athletics Course



Starts **Sat 11th Jan**  
for **8 weeks**

Knayton Sports Hall  
11am-12 noon

**Only £50 per child**

Glen Hilton, athletics coach and former England international athlete, will teach our youngsters the fundamentals of athletics and endurance running.

For more details contact Glen Hilton:  
[hiltonglen444@gmail.com](mailto:hiltonglen444@gmail.com)



Location address: Hillside Rural Activities Park, Knayton, Thirsk YO7 4AX