

# "DR BIKE" HEALTH CHECK

## The BIG BIKE Revival

we are  
cycling  
The cyclists' champion UK



Department  
for Transport



Free health checks on your bike to keep you cycling safely  
[BigBikeRevival.org.uk](http://BigBikeRevival.org.uk) #BigBikeRevival

Applegarth Long Stay Carpark, Northallerton  
10am - 3pm 22nd May 2021

**FREE**  
\*booking advised

Provided by:



Available for adult and children's bikes and includes up to 30 minutes work checking the cycle is safe to ride and making minor repairs if necessary.

The health check will include checks of brakes, gears, chain, tyre, nuts, bolts and headset.

North Yorkshire Fire and Rescue Service and North Yorkshire Police will also be there offering cycling safety advice to cyclists and other road users as well as free property marking.

\* To find out more and book a free "Dr Bike" health check please contact Stage 1 Cycles on [01969 666873](tel:01969666873) or email [ride@stage1cycles.co.uk](mailto:ride@stage1cycles.co.uk)

**HAMBLETON**  
DISTRICT COUNCIL

**SAFER**  
HAMBLETON



**NORTH YORKSHIRE**  
FIRE & RESCUE SERVICE



we are  
cycling  
UK